

# Revuelto de Alubias

## Nutrition Facts

3 servings per container

**Serving size**

**4 oz (115g)**

	<b>Per Serving</b>	<b>Per Container</b>
<b>Calories</b>	<b>170</b>	<b>520</b>
	<b>% Daily Value*</b>	<b>% Daily Value*</b>
<b>Total Fat</b>	2g <b>3%</b>	6g <b>8%</b>
Saturated Fat	0g <b>0%</b>	1g <b>5%</b>
<i>Trans</i> Fat	0g	0g
<b>Cholesterol</b>	0mg <b>0%</b>	0mg <b>0%</b>
<b>Sodium</b>	5mg <b>0%</b>	20mg <b>1%</b>
<b>Total Carb.</b>	29g <b>11%</b>	87g <b>32%</b>
Dietary Fiber	7g <b>25%</b>	22g <b>79%</b>
Total Sugars	0g	1g
Incl. Added Sugars	0g <b>0%</b>	0g <b>0%</b>
<b>Protein</b>	11g	33g
Vitamin D	0mcg 0%	0mcg 0%
Calcium	100mg 8%	310mg 25%
Iron	4.4mg 25%	13.1mg 70%
Potassium	650mg 15%	1940mg 40%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHITE BEANS, AVOCADO OIL, GARLIC, TURMERIC, ONION POWDER

HEALTHY PATH MARKET