

# Dip de espinaca y tofu

## Nutrition Facts

4 servings per container

**Serving size** **3 oz (80g)**

**Amount Per Serving**

**Calories** **60**

**% Daily Value\***

**Total Fat** 2.5g **3%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 25mg **1%**

**Total Carbohydrate** 4g **1%**

Dietary Fiber <1g **3%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

**Protein** 6g

Vitamin D 0mcg **0%**

Calcium 30mg **2%**

Iron 1mg **6%**

Potassium 170mg **4%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MORI-NU, TOFU, SILKEN, FIRM, LEMON, SPINACH, BRAGG NUTRITIONAL YEAST, AVOCADO OIL, GARLIC, ONION POWDER

CONTAINS: SOY

HEALTHY PATH MARKET